





# Do you want help with your care needs?

- Do you require an assessment for your health and care or accommodation needs?
  - Do you need aids, adaptations or equipment at home?
  - Do you have a disability that limits your independence and want help to resolve this?
  - Do you need help caring for children with a disability or other needs?
  - Are you struggling to get the help you need as a carer?
  - Do you want help to challenge the decisions made about your care or needs?
  - Are you entitled to Direct Payments for care?
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Talk to us – we may be able to help you.

**Our advice service is free, confidential and independent.**

Shelter recognises how housing issues and homelessness can be connected to wider problems. We want to offer you the information and advice that can help you through these problems, and we may be able to talk to people or agencies on your behalf and introduce you to other local services if you need them.

# Shelter





Shelter believes everyone should have a home. We help people find and keep a home. We campaign for decent housing for all.

Shelter North East  
1-2 Blackfriars Court, Dispensary Lane  
Newcastle-upon-Tyne NE1 4XB

Telephone: **0844 515 1601\***

Email: [tyneside@shelter.org.uk](mailto:tyneside@shelter.org.uk)

\*Calls to this number are charged the local rate from a landline. Some mobile phone networks may charge more.

**Advice surgery or drop-in advice**



Community  
Legal Service



Our service has been awarded  
the specialist level Community  
Legal Service Quality Mark

# Shelter

